[p. 1] Week's Menu for Patients at Hope Farm.

	Breakfast		Dinner		Supper	
	7:30 A.M.	10:30 A.M.	1. P. M.	3:30 P.M.	6 P.M.	Bed-time
Sunday	scrapple ¹ cream of wheat, milk cold ham creamed potatoes Coffee or cocoa Bread and Butter	One glass of milk and 1 raw egg + cracker	Roast beef, baked potatoes, peas beans fruit (apples) Pudding	One glass of milk and 1 raw egg cracker	Salmon Salmon or Stewed fruit cold meat, cake, Tea or coffee Bread and cheese	One glass of milk (hot or cold) -1 raw egg
Monday	Oatmeal with cream, Fried bacon Coffee, Bread + butter	As above	Boiled Mutton, Potatoes. green vegetables (in season) Pudding	As above	Bean soup Macaroni with cheese Stewed fruit Tea or coffee Bread + butter	As above
Tuesday	Bacon Cereal with cream, Fried eggs Bacon Sausage Coffee, bread + butter	As above	Lamb Stew Potatoes Bread and butter Jam Apple Sauce	As above	Fried liver Fried liver Corn-Starch pudding Stewed fruit Tea or coffee Bread + butter	As above
Wednesday	Stewed prunes Kidneys Oatmeal + cream Bacon Coffee Bread + butter Fried mush +	As above	Boiled Steak Potatoes Bread + butter Pudding	As above	Pea soup Boiled rice Tea or coffee Bread + butter Jam	As above
Thursday	Syrup Oatmeal + cream Bacon Cold ham Coffee Bread + butter Fruit	As above	Roast mutton cranberry Boiled beans Bread pudding Bread + butter	As above	ereamed potatoes Sausage Sausage Bread + butter Tea or coffee Jam	As above
Friday	Cereal + cream Creamed Salt fish Bacon Coffee Bread + butter stewed prunes	As above	Fish Boiled beef Vegetables Bread + butter Jam	As above	Potato Salad Lentil Soup Fish Bread + butter Tea or coffee Cake	As above
Saturday	Oatmeal with cream Bacon Coffee Bread + butter	As above	Pork Beef Steak Peas ✓ Milk pudding Bread + butter Apple sauce	As above	Stewed kidney Macaroni Corn-Starch pudding Stewed fruit	As above

¹ Italicized text represents a different hand (likely later edits).

Transcribed by: Chris Loos, 2023-05-11.